



School Lunch Menu – Term 1 & 2



Week 1		Monday	Tuesday	Wednesday	Thursday	Friday
	Main Meal (R)	Macaroni Cheese (Milk, Gluten)	BBQ Pulled Pork Ciabatta (Gluten, PORK)	Beef Hot Pot & Yorkshire Pudding (Eggs, Gluten, Milk)	Chicken Korma & Rice (Milk)	Pepperoni Pizza (Gluten, milk, PORK)
	Vegetarian (G)	Vegetable Chow Mein (Soya)	Beanie wraps & Chips (Gluten, Milk)	Cauliflower Cheese & Yorkshire Pudding (Milk, Gluten, Eggs in yorkshire pudding only)	Vegan Chilli & Rice	Cheese & tomato pizza (Gluten, Milk)
	Jacket Potato(P)	Jacket Potato, (Cheese, Beans or Tuna), (Milk, Fish)	Jacket Potato, (Cheese, Beans or Tuna), (Milk, Fish)	Jacket Potato, (Cheese, Beans or Tuna), (Milk, Fish)	Jacket Potato, (Cheese, Beans or Tuna), (Milk, Fish)	Jacket Potato, (Cheese, Beans or Tuna), (Milk, Fish)
	Grab & Go	Ham roll (Gluten, Soya, eggs, milk, PORK)	Tomato Pasta (Gluten)	Jumbo sausage roll (Gluten, Soya, eggs, milk, PORK)	Tomato Pasta (Gluten)	Cheese Roll (Gluten, Soya, eggs, milk)
	Dessert	Desert of the day	Desert of the day	Desert of the day	Desert of the day	Desert of the day
Week 2		Monday	Tuesday	Wednesday	Thursday	Friday
	Main Meal (R)	Pasta Carbonara (Gluten, Milk (PORK)	Chicken Nuggets & Skin on fries (Gluten)	Roast Chicken with Gravy & Yorkshire Pudding (Gluten, Milk, Eggs)	Bolognaise Pasta (Gluten (BEEF)	Sausage Roll & Chips (Gluten, PORK)
	Vegetarian (G)	Pasta with tomato & basil sauce (Gluten)	Cheese & Pepper Quiche (Gluten, Milk, eggs)	Vegetable crumble & Yorkshire Pudding (Milk, Gluten, Eggs in yorkshire pudding only)	Vegetarian Bolognaise (Gluten)	Cheese & Onion Pasty (Gluten, Milk)
	Jacket Potato (P)	Jacket Potato, (Cheese, Beans or Tuna), (Milk, Fish)	Jacket Potato, (Cheese, Beans or Tuna), (Milk, Fish)	Jacket Potato, (Cheese, Beans or Tuna), (Milk, Fish)	Jacket Potato, (Cheese, Beans or Tuna), (Milk, Fish)	Jacket Potato, (Cheese, Beans or Tuna), (Milk, Fish)
	Grab & Go	Chicken Wrap (Gluten, Soya, eggs, milk)	Tomato Pasta (Gluten)	Cheese Roll (Gluten, Soya, eggs, milk)	Tomato Pasta (Gluten)	Ham roll (Gluten, Soya, eggs, milk, PORK)
	Dessert	Desert of the day	Desert of the day	Desert of the day	Desert of the day	Desert of the day
Week 3		Monday	Tuesday	Wednesday	Thursday	Friday
	Main Meal (R)	Cheese & Tomato Pasta Bake (Gluten, Milk)	Jacket Potato with a choice of meat fillings	Sausage Roast with Gravy & Yorkshire Pudding (Milk, Gluten, Eggs in yorkshire pudding only)	Creamy Pesto Chicken Pasta (Gluten, Milk, Nut free pesto)	Fish Finger & Chips (Gluten, fish)
	Vegetarian (G)	Plain Pasta with Cheese or Tuna (Gluten, Milk, Fish)	Jacket Potato with a choice of Vegetable fillings	Roasted Vegetables & Yorkshire Pudding (Milk, Gluten, Eggs in yorkshire pudding only)	Spinach & Mushroom Lasagne (Gluten, Milk)	Quron Hot Dog & Chip (Gluten, Soya)
	Jacket Potato (P)	Jacket Potato, (Cheese, Beans or Tuna), (Milk, Fish)		Jacket Potato, (Cheese, Beans or Tuna), (Milk, Fish)		Jacket Potato, (Cheese, Beans or Tuna), (Milk, Fish)
	Grab & Go	Jumbo sausage roll (Gluten, Soya, eggs, milk, PORK)	Tomato Pasta (Gluten)	Tuna Roll (Gluten, Soya, eggs, milk Fish)	Tomato Pasta (Gluten)	Cheese Roll (Gluten, Soya, eggs, milk)
	Dessert	Desert of the day	Desert of the day	Desert of the day	Desert of the day	Desert of the day

Menu Changes - Please see MCAS for full deatails

Wed 3rd, Thurs 4th & Fri 5th September

Thurs 1st & Fri 2nd October