



Wraparound Club Menu – Term 1



Breakfast Club		Monday	Tuesday	Wednesday	Thursday	Friday
	Toast (Wheat, Soya) Gluten Free Toast (Egg)	Dairy Free Spread, Jam or Honey	Dairy Free Spread, Jam or Honey	Dairy Free Spread, Jam or Honey	Dairy Free Spread, Jam or Honey	Dairy Free Spread, Jam or Honey
	Cereal	Honey Pops, Multigrain Hoops, Wheat Biscuits, Rice Snaps, or Cornflakes (Barley, Wheat, Oat)	Honey Pops, Multigrain Hoops, Wheat Biscuits, Rice Snaps, or Cornflakes (Barley, Wheat, Oat)	Honey Pops, Multigrain Hoops, Wheat Biscuits, Rice Snaps, or Cornflakes (Barley, Wheat, Oat)	Honey Pops, Multigrain Hoops, Wheat Biscuits, Rice Snaps, or Cornflakes (Barley, Wheat, Oat)	Honey Pops, Multigrain Hoops, Wheat Biscuits, Rice Snaps, or Cornflakes (Barley, Wheat, Oat)
	Served with	Yoghurts / Raisins (Dairy)	Yoghurts / Raisins (Dairy)	Yoghurts / Raisins (Dairy)	Yoghurts / Raisins (Dairy)	Yoghurts / Raisins (Dairy)
	Drinks	Apple Juice or Orange Juice	Apple Juice or Orange Juice	Apple Juice or Orange Juice	Apple Juice or Orange Juice	Apple Juice or Orange Juice

Afterschool Club All		Monday	Tuesday	Wednesday	Thursday	Friday
	Snack	Fruit & Biscuits Rich Tea / Shortcake (Gluten, Milk, Sulphates)	Fruit & Biscuits Rich Tea / Shortcake (Gluten, Milk, Sulphates)	Fruit & Biscuits Rich Tea / Shortcake (Gluten, Milk, Sulphates)	Fruit & Biscuits Rich Tea / Shortcake (Gluten, Milk, Sulphates)	Fruit & Biscuits Rich Tea / Shortcake (Gluten, Milk, Sulphates)
	Drinks	Water & Squash Orange, Apple & Blackcurrant, Lemon (Metabisulphite)	Water & Squash Orange, Apple & Blackcurrant, Lemon (Metabisulphite)	Water & Squash Orange, Apple & Blackcurrant, Lemon (Metabisulphite)	Water & Squash Orange, Apple & Blackcurrant, Lemon (Metabisulphite)	Water & Squash Orange, Apple & Blackcurrant, Lemon (Metabisulphite)
Afterschool Club Long Session		Monday	Tuesday	Wednesday	Thursday	Friday
	Main	Chicken & Lettuce Sandwich (Gluten, Soya)	Ham & cheese Wrap (Gluten, Milk)	Chicken Baguette (Gluten)	Sausage Roll (Pork, Gluten, Sulphates)	Long Session not available
	Vegetarian	Cheese & Lettuce Baguette (Gluten, Milk)	Vegan Sausage Roll (Gluten, Soya)	Cheese & Cucumber Sandwich (Gluten, Milk, Soya)	Cheese & Crackers (Gluten, Milk)	
	Served with	Ready Salted Crisps or Cheese Savoury Biscuits or Tortilla Chips and Side Veg (cucumber, carrots or peppers) (Gluten, Milk, Sulphate, Wheat, Barley)	Ready Salted Crisps or Cheese Savoury Biscuits or Tortilla Chips and Side Veg (cucumber, carrots or peppers) (Gluten, Milk, Sulphate, Wheat, Barley)	Ready Salted Crisps or Cheese Savoury Biscuits or Tortilla Chips and Side Veg (cucumber, carrots or peppers) (Gluten, Milk, Sulphate, Wheat, Barley)	Ready Salted Crisps or Cheese Savoury Biscuits or Tortilla Chips and Side Veg (cucumber, carrots or peppers) (Gluten, Milk, Sulphate, Wheat, Barley)	
	Dessert	Selection of homemade desserts (Gluten, Milk, Eggs)	Selection of homemade desserts (Gluten, Milk, Eggs)	Selection of homemade desserts (Gluten, Milk, Eggs)	Selection of homemade desserts (Gluten, Milk, Eggs)	