

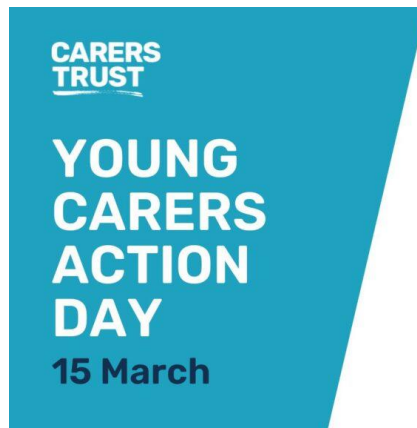


Lawn Primary & Nursery School

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YOUNG CARERS ACTION DAY Wednesday 12TH MARCH 2025 – “Give Me A Break”



Dear Parents/Carers,

This year Young Carers Action Day theme is **“Give Me A Break”**, which highlights the important need for young carers to have time to rest and recharge while also calling on schools to provide better support, helping them balance their responsibilities and achieve their full potential.

Here at Lawn Primary and Nursery School, we meet with our young carers termly, ensuring they have the support they need, time for fun and a chance to meet others, sharing in similar experiences.

Do you know a child who helps look after a family member because of illness, disability or addiction? Or does this sound like some you know?

We always welcome new Young Carers into our school group. We can offer lots of support and guidance; signposting to other supporting agencies if necessary. We work in partnership with Swindon Young Carers who can also offer support outside of school.

On Wednesday 12th March we will provide our Young Carers here at school the opportunity to rest and enjoy some relaxation time altogether, giving them time for themselves.

Please contact us if you think your child may be a Young Carer or if you need any more information.

Yours Sincerely

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