



# School Lunch Menu – Term 1 & 2



Week 1		Monday	Tuesday	Wednesday	Thursday	Friday
	Main Meal (R)	Cheese & Tomato Pasta Bake (Gluten, Milk)	Beef burger in a bun with Skin on Fries (Gluten)	Roast Chicken with Gravy & Yorkshire Pudding (Gluten, Milk, Eggs)	Macaroni Cheese (Milk, Gluten)	Fish Finger & Chips (Gluten, fish)
	Vegetarian (G)	Plain Pasta with Cheese or Tuna (Gluten, Milk, Fish)	Vegetarian cottage pie (Milk)	Roasted vegetables & Yorkshire Pudding (Milk, Gluten, Eggs all in yorkshire pudding only)	Mexican bean loaded potato skins (Milk)	Cheese & tomato french bread pizza (Gluten, Milk)
	Jacket Potato (P)	Jacket Potato, (Cheese, Beans or Tuna), (Milk, Fish)	Jacket Potato, (Cheese, Beans or Tuna), (Milk, Fish)	Jacket Potato, (Cheese, Beans or Tuna), (Milk, Fish)	Jacket Potato, (Cheese, Beans or Tuna), (Milk, Fish)	Jacket Potato, (Cheese, Beans or Tuna), (Milk, Fish)
	Sides	Seasonal vegetables, side salad & fresh bread (Gluten, Soya)	Seasonal vegetables, side salad & fresh bread (Gluten, Soya)	Seasonal vegetables, side salad & fresh bread (Gluten, Soya)	Seasonal vegetables, side salad & fresh bread (Gluten, Soya)	Seasonal vegetables, side salad & fresh bread (Gluten, Soya)
	Dessert	Desert of the day	Desert of the day	Desert of the day	Desert of the day	Desert of the day
Week 2		Monday	Tuesday	Wednesday	Thursday	Friday
	Main Meal (R)	Pasta Carbonara (Gluten, Milk (PORK))	Chicken Nuggets & Skin on fries (Gluten)	Beef Hot Pot & Yorkshire Pudding (Eggs, Gluten, Milk)	Chicken Korma & Rice (Milk)	Fish Finger & Chips (Gluten, fish)
	Vegetarian (G)	Spanish Omelette (Eggs, Milk)	Vegetarian lasagne & Skin on freis (Gluten, Milk)	Quorn Fillet in gravy & Yorkshire Pudding (Milk, Gluten, Eggs all in yorkshire pudding only)	Sweet Potato, Spinich & Chickpea curry & Rice (Mustard)	Vegan Sausage roll & Chips (Gluten, Soya)
	Jacket Potato (P)	Jacket Potato, (Cheese, Beans or Tuna), (Milk, Fish)	Jacket Potato, (Cheese, Beans or Tuna), (Milk, Fish)	Jacket Potato, (Cheese, Beans or Tuna), (Milk, Fish)	Jacket Potato, (Cheese, Beans or Tuna), (Milk, Fish)	Jacket Potato, (Cheese, Beans or Tuna), (Milk, Fish)
	Sides	Seasonal vegetables, side salad & fresh bread (Gluten, Soya)	Seasonal vegetables, side salad & fresh bread (Gluten, Soya)	Seasonal vegetables, side salad & fresh bread (Gluten, Soya)	Seasonal vegetables, side salad & fresh bread (Gluten, Soya)	Seasonal vegetables, side salad & fresh bread (Gluten, Soya)
	Dessert	Desert of the day	Desert of the day	Desert of the day	Desert of the day	Desert of the day
Week 3		Monday	Tuesday	Wednesday	Thursday	Friday
	Main Meal (R)	Bolognaise Pasta (Gluten (BEEF))	Hunters chicken & Skin on fries (Gluten)	Sausage Roast with Gravy & Yorkshire Pudding (Eggs, Gluten, Milk (PORK))	Jacket Potato day	Fish Finger & Chips (Gluten, fish)
	Vegetarian (G)	Pasta with tomato & basil sauce (Gluten)	Vegetarian Paella	Quorn Sausage roaat & Yorkshire pudding (Milk, Gluten, Eggs all in yorkshire pudding only)	There will be a choice of meat, fish and vegetarian fillings available for the children to select	Beanie wraps & Chips (Gluten, Milk)
	Jacket Potato (P)	Jacket Potato, (Cheese, Beans or Tuna), (Milk, Fish)	Jacket Potato, (Cheese, Beans or Tuna), (Milk, Fish)	Jacket Potato, (Cheese, Beans or Tuna), (Milk, Fish)		Jacket Potato, (Cheese, Beans or Tuna), (Milk, Fish)
	Sides	Seasonal vegetables, side salad & fresh bread (Gluten, Soya)	Seasonal vegetables, side salad & fresh bread (Gluten, Soya)	Seasonal vegetables, side salad & fresh bread (Gluten, Soya)	Seasonal vegetables, side salad & fresh bread (Gluten, Soya)	Seasonal vegetables, side salad & fresh bread (Gluten, Soya)
	Dessert	Desert of the day	Desert of the day	Desert of the day	Desert of the day	Desert of the day

**Menu Changes - Please see MCAS for full deatails**

Tuesday 2nd September

Tuesday 29th September & Thursday 2nd October